

LINDA D.

Medical Secretary, Nanny,
 Make-up Consultant,
 Mother, Grandmother
 Hampshire, England



Linda is a very active person with many hobbies, an occupation, and a lifestyle that were severely impacted when she developed arthritis in her thumb.

“The relief was almost instant. **I am now totally pain free** and can type my letters, enjoy my children, look after my pets, write and hold a glass steadily.”

“I am a mum of 3 and a Nanny, so spending time with my children and new grandson became difficult. At home, even simple tasks like cleaning up, holding a glass, using hair bands, and locking the front door were excruciating. I couldn't fasten buttons, use zippers or even put my socks and shoes on; tying laces was impossible. Even caring for my pets whom I love was too painful to manage.

As a Medical Secretary, typing patient referrals and letters became so painful I was forced to take breaks to massage my thumbs with Ibuprofen gel and take regular pain killers and anti-inflammatories. I finally went to see my general practitioner, who recommended steroid injections, but the relief was very temporary. The next step was a referral to the orthopaedic hand team, where I met with a specialist.

I had surgery on my left thumb in June 2016 (and my right thumb in April 2018). I felt the benefits straight away, the constant pain in the palm of my hand disappeared. **I have my strength back and if anything I am stronger and more confident.** My first grandson is 8 months old and I can hold him confidently and push the pram totally pain free. He can grab my thumbs without hurting me. This was the best decision I have ever made.”

The results reported by this patient may not be typical and cannot be predictive of other patient outcomes. Individual results and activity levels after surgery vary and depend on many factors including age, weight, severity of disease, and prior activity level. Visit Cartiva.net for more information.

Cartiva's Synthetic Cartilage Implant is not approved for use in the 1st CMC joint in the United States. Currently only available for use in Europe and Canada.